

## RSE & PSHE Intent, Implementation and Impact statement

At Holmesdale Infant School we follow the Derbyshire County Council Syllabus PSHE Matters: A PSHE Curriculum for Primary Schools. This fully Incorporates all aspects of RSE.

## Intent

Through Personal, Social and Health Education (PSHE) we aim to give our children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible British Citizens. PSHE enables children to understand and respect out common humanity; it's diversity and its difference so they can go on to form effective, fulfilling healthy relationships that are an essential part of life and learning.

## **Implementation**

PSHE is taught using PSHE Matters scheme of work. There are twelve learning modules are taught following a two-year rolling programme. The twelve modules that are covered are:

- Drug Education including how to manage risk and peer influence
- Exploring emotions including how to recognise and manage feelings and emotions
- Being Healthy- including the importance of looking after our mental health
- Growing up-include the sex education element
- Changes including loss
- Bullying matter- including how to ask for help
- · Being me-including identity and community
- Differences and diversity including challenging stereotypes
- Being responsible including looking after the environment
- Being safe- particularly featuring internet safety
- Relationships including what is a healthy relationship
- Money matter- including savings

The British Values of respect, tolerance, individual liberty, the rule of law and democracy run throughout PSHE Matters scheme of work.



## **Impact**

- Children will demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty in their everyday lives.
- Children will demonstrate a healthy outlook towards school attendance will be in-line with national and behaviour will be good.
- Children will achieve age related expectations across the wider curriculum.
- Children will become healthy and responsible members of society
- Children will be on their journey preparing them for life and work in modern Britain.
- Children will have the knowledge and skills to understand what is a safe, fulfilling and enjoyable relationships.